

Take Charge of Your Health • 2016 Health Lecture Series

Attend five or more of the 2016 Recharge Your Health seminars and your name will be automatically entered to win a \$250.00 gift card to one of the following businesses of your choice:

- ❖ Alpine Medical Associates, Dr. Steven Brown Cosmetic Treatments
- ❖ Anytime Fitness
- ❖ Bently Ranch Beef
- ❖ Carson Valley Golf Course
- ❖ Carson Valley Inn (room and dine only)
- ❖ Carson Valley Swim Center
- ❖ Christensen Automotive
- ❖ David Walley's Resort
- ❖ Douglas County Recreation Center Membership
- ❖ Especially for You
- ❖ Fresh Ideas
- ❖ Full Circle Compost
- ❖ Genoa Lakes Pro Shop
- ❖ Grocery Outlet
- ❖ Joyce's Fine Jewelry
- ❖ Kaia Fit Minden
- ❖ Les Schwab Tires
- ❖ Minden Meat & Deli
- ❖ Pulse Fitness
- ❖ Raley's Gardnerville
- ❖ Saletti's Steak House
- ❖ Smith's Food & Drug
- ❖ Trader Joe's

